

## SUPPLIES:



(color swirl won't work with lowfat or fat free)

Bowl or dish with tall sides, at least 5"

4 tbsp baking soda

cup white or rice vinegar





OPTIONAL: 1 tbsp dish soap in a small bowl or cup



OPTIONAL: Cotton swabs or toothpicks

# INSTRUCTIONS:

## 1. MILK IT!

Pour milk into the dish to about 2" high.

### 2. COLORIT!

OPTIONAL: Squirt a few drops of your favorite food color into the milk.

### 3. SWIRL IT!

OPTIONAL: Dip a cotton swab or toothpick in a small bowl or cup of dish soap. Lightly tap the colors or slowly swirl (be gentle!) to make your own design.

#### SPRINKLE IT!

Add baking soda evenly across the top of the milk.

## FIZZ IT!

Pour in vinegar and watch it fizz.



